



**XFW LINE**  
COMMERCIAL  
PARAMOUNT SERIES

**XFW - 8300**  
DUAL SIDED HALF RACK



**innovative**  
FITNESS



Shown with optional Chin Bar, Band Pegs, Core Trainer and Plate Storage.

\*Accessories including Bumper Plates and Olympic Bars are not included

**PREMIUM FITNESS EQUIPMENT SINCE 1981**

## Dual Sided Half Rack

Featuring as many as three rack stations and a number of versatile training tools, the space efficient and stylish Paramount XFW-8300 Dual Sided Half Rack by True Fitness is designed to accommodate multiple users and withstand the rigorous demands of heavy use athletic training environments. Construction combines 11 gauge tubing with 7 gauge uprights for maximum performance under load, while the availability of a variety of training options insures that your athletes always have the tools they need to succeed.







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Attachment points on upper frame  
accommodate optional Chin Bars and  
Suspension Brackets

Choice of 19 vertical catch  
positions clearly marked  
1-19 in 3 inch increments

### OPTIONS

- Chin Bar (max 4)
- Suspension Bracket (max 2)
- Center Catch Rails (cannot combine with Plate Storage)
- Plate Storage (cannot combine with Center Catch Rails)
- Dip Station (max 4)
- Core Trainer (max 2)
- Band Peg Kit (pair)(max 4)

Optional Center Catch Rails  
make for a 3rd rack position

2 upright Olympic Bar storage posts standard



**Dip Station**  
attaches easily in  
multiple locations



**Suspension  
Bracket**  
convenient attachment  
point for suspension  
trainers



**Band Pegs**  
lower band pegs for  
band resistance  
exercises



**Core Trainer**  
perfect accessory  
for ground  
based training



**Plate Storage**  
8 posts for Olympic and  
Bumper Plates with  
integrated storage pegs for  
resistance bands and chains

### XFW - 8300

#### Dual Sided Half Rack Base Unit Dimensions

105" L x 51" W x 92" H / 267 cm x 130 cm x 234 cm

#### Machine Weight

Machine Weight (no options): 547 lbs. / 248 kg

Max Load Capacity: 765 lbs. / 347kg

#### Warranty

TEN YEAR WARRANTY COMMERCIAL PRODUCTS - Frame Components and Welds excluding coatings

FIVE YEAR WARRANTY - Bronze Bushings, Sealed Rotating Bearings, Pulleys, Weight Plates and Guide Rods excluding coatings

ONE YEAR WARRANTY - Cables, Linear Bearings and Shafts and all other components not mentioned elsewhere in this warranty

90-DAY WARRANTY - Normal wear parts including but not limited to Labels, Upholstered Pads and Grips

ONE YEAR WARRANTY - Labor

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

